

CITY HEALTH OFFICE

Comprehensive health information and education programs implemented/provided:

Age appropriate adolescent health and sexuality education in both public and private schools

- Healthy Young Ones Sessions to Public High school Students (Program)

Sexuality education for parents

- Mothers Class/ Household class
- Pre-Marital Counseling Seminar

Programs for elderly in every barangay to promote and maintain their well-being and social functioning

- Immunization
- Assessment, Management and Treatment of Lifestyle Diseases (i.e Hypertension or Diabetes)

Trainings for health service providers/educators

- Basic Emergency Obstetric & Newborn Care (BEmONC)
- Family Planning Competency Based Training Level I and Level II

- Post-Partum IUD Insertion Training
- Basic Expanded Program on Immunization Training
- Cold Chain Management Training

Teen centers providing health and sexuality education and counseling

- All 54 Health Centers are Adolescent-Friendly Centers
- Teen Public Health Center Located at Barangay Puntod, Cagayan de Oro